Quick Sardine Pâté

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This easy-peasy pâté recipe is great for whipping up when you have unexpected guests over. It's also great for keeping in the fridge to nibble on throughout the day - just serve it with some soft brown bread and butter.

Ingredients:

150g pack sardine fillets, smoked if you can find them 25g melted butter Zest of one small lemon 2 tbsp. cream cheese 1 spring onion

Directions:

- 1. Chop the spring onion into chunks and then place all of the ingredients into a food processor.
- 2. Whiz until smooth, then place into a ramekin. If you like, cover with melted butter to preserve the pate for longer.

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